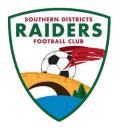


CODE OF CONDUCT AND EXPECTATIONS FROM PLAYERS

- Attend training and club games regularly and commit to putting in effort during training sessions and matches.
- Come to training in proper club gear and football equipment including socks, football boots, shin pads, gloves (goalkeepers). Any jumpers or rain jackets worn must have SD logo. No other branded gear allowed (eg Nike, Adidas).
- Arrive and depart on game day in club supplied polo shirt and tracksuit bottoms. Players are also to wear enclosed shoes on matchday, open footwear is prohibited (eg; slides, crocs, etc.).
- Coaches hold power of discretion over players who have forgotten any of their kit on match day (inclusive of jersey, shorts, socks, etc.)
- Respect your coaches, club officials and teammates. Treat everyone as you like to be treated.
- Greet all coaches, club officials and teammates before and after training sessions and games.
- Listen and follow your coach's instructions during training and games.
- Work equally hard for yourself and your team. Your team's performance will benefit and so will you.



- You must attend training day when you are injured and, in a position, to travel. However, a medical clearance is required to recommence training.
 You are exempt from attending training if you are sick or immobile due to injury.
- If a player misses two or more sessions during the week the player may forfeit their right to start the game on the weekend (extenuating circumstances discussed with coach prior to missing the session).
- If a player is not attending training or running late for training or game, they
 must inform the team manager /coach or technical director prior. Failure to
 do so may result in the player not starting the game on the weekend.
- All players must remain at the ground and watch a minimum of the first half of the following age groups game. If you cannot stay, you must let the team manager know by Thursday prior.
- No phones allowed in change rooms. One designated player DJ per game.
- Remove all jewellery prior to training and matches. Safety First.
- Play by the rules and be a good sport.
- Control your temper. If the player is booked for dissent by word or action the player will not start the next game. If you get "sin binned" for dissent you will not come back on. Only captains may discuss decisions with referees.



- You may not play for or represent any other club at tournaments, matches, promotion events or attend training / trial sessions of another club during the signed term of your contract with the club. Any exceptions that are required would have to be through a written approval of the club's technical director.
- Verbal abuse directed at officials or other players, deliberately distracting or provoking an opponent is not acceptable at any time.
- Do not bully or take unfair advantage of another teammate.
- Cooperate with your coach, teammates and opponents.
- Participate for your enjoyment and benefit.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability and culture.
- Remember the actions of yourself and your team is reflective of the perception about the club that others take away with them.